



TIPPY TOE DANCE STUDIO

CLASS CATALOG

FOR ACADEMIC YEAR 2024-2025

354 BELMONT ST. NE SALEM OR 97301
WWW.TIPPYTOEDANCESTUDIO.COM

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OUR MISSION

At Tippy Toe Dance Studio, our mission is to inspire creativity, foster individuality, and promote inclusivity through original and thought-provoking performances. We are dedicated to providing a platform for dancers to express themselves authentically while giving back to our community. With a focus on innovation and artistry, we strive to create a nurturing and inclusive space where dancers can thrive and grow.

OUR CREATIVE TEAM



REBECCA RUSSELL

Founder &
Artistic Director



NICOLE TEA-PELLEY

Studio Manager



WILLOW SHAMAIN

Technique Director



AVERIE ALLEN

Tippy Tots



EFRAIN ANGELES

Hip Hop



JETTE RAINWATER

Contemporary

INSTRUCTORS & ASSISTANTS

KIM PETESKY

Assistant Office Manager

FAUSTO RAMOS

Pas de Deux

CHEYENNE GARCIA

Contemporary Assistant

TABITHA BULLARD

Tap Instructor

ROMEO RIOS

Tippy Tots Assistant

TECHNIQUE



THE TECHNIQUE PROGRAM

The technique program is essential for our ballet students to master their abilities and hone their individual artistry. Our neo-classical approach is influenced by American and Italian ballet.

We believe dance is for everyone, whether they're focused on technique, performance, or film. While technique is required for our performing ballet students, these classes can benefit students in all styles of dance, including contemporary and hip hop. This program is also open to non-performing students to who are looking to refine their technical skills.



TECHNIQUE 1

Ages 6-9

Mondays 5:00-6:30 PM

\$80 Monthly

Along with exercises at the barre, students learn body positions, terminology, basic turns, and simple petite allegro combinations. They are taught proper alignment and posture to master these basics. Technique 1 students also learn to prevent injury and increase flexibility through stretching routines each week.

TECHNIQUE 2

Ages 8-12

Thursdays 6:30-8:00 PM

\$100 Monthly

Technique 2 students advance their skills with turns and allegro combinations, while being newly introduced to adagio movement. Strength and flexibility training is regularly incorporated into the class. Emphasis is placed on refining alignment, posture, and control to achieve greater precision and artistry.

TECHNIQUE 3

Ages 11+

Mondays & Wednesdays 6:30-8:00 PM

\$120 Monthly

This class is designed for advanced ballet students ready to expand their technical capability. Students delve deeper into their acquired knowledge of technique, pointe work, conditioning, and flexibility. Technique 3 students are highly encouraged to explore other dance electives at the studio to expand their training and versatility. The class focuses on developing musicality and artistry to enhance performance, aiming for expressive and refined dance execution.





ADULT DANCE

Fridays 5:00-6:00 PM

\$75 Monthly or \$20 Drop-In

Ages 18+

Whether you are a returning dancer or a new student discovering your love for dance, this recreational class works on conditioning and technique in a variety of styles including ballet, contemporary, and jazz. Learn new routines, finesse your skills, and take your movement to the next level. This is a non-performing class.

*Empowerment and Tippy Toe Dance Studio
drop-in punch cards accepted.*



PERFORMANCE



THE PERFORMANCE PROGRAM

At Tippy Toe, dancers perform in two annual stage productions and create a unique filmed production each summer. Our stage shows are innovative, edgy, and thought-provoking, written and choreographed by our creative team. Dancers are engaged in the production process across all levels, both in class and through the junior choreographer internship program.

Participation in our technique program is required for all performing ballet dancers, and we also encourage our performers of all styles to train, refine their skills, and explore the depths of their own expression and artistry.

PRINCIPALS

By Audition Only. Attendance is mandatory.

Mondays 5:00-6:00 PM

\$75 Monthly

Advanced performance dancers may take their training to a higher level through our principals class. Geared towards soloist performers, principals learn the technique of pas de deux (partnering). This class goes beyond the regular structure by providing resume opportunities and leadership development under the Artistic Director.





INTERMEDIATE BALLET 1

Ages 6-8

Wednesdays 5:00-6:00 PM

\$50 Monthly

INTERMEDIATE BALLET 2

Ages 7-9

Wednesday 5:30-6:30 PM

\$50 Monthly

Technique is required for all performing dancers. These classes accompany Technique 1 on Mondays 5:00-6:30 PM.

INTERMEDIATE BALLET 3

Ages 8-10

Tuesdays 6:00-7:00 PM

\$50 Monthly

PRE-POINTE

Ages 9-11

Tuesdays 7:00-8:00 PM

\$50 Monthly

Technique is required for all performing dancers.

These classes accompany Technique 2

on Thursdays 6:30-8:00 PM.





POINTE

Ages 11-13

Wednesdays 8:00-9:00 PM

\$50 Monthly

ADVANCED

Ages 13+

Mondays & Wednesdays 8:00-9:00 PM

\$75 Monthly

Technique is required for all performing dancers.

*These classes accompany Technique 3
on Mondays and Wednesdays 6:30-8:00 PM.*

TIPPY TOTS



TIPPY TOTS

The Tippy Tots program nurtures young dancers as they are introduced to dance fundamentals. Starting with Pre-Ballet, children build a foundation of basic movements and dance class etiquette. Advancing through Beginning 1, 2, and 3, they start to develop technique, discipline, and artistry in a supportive environment. We are dedicated to creating a brave space where students feel supported, fostering a lifelong love of dance and passion for performance.

NEW

PRE-HIP HOP

Ages 3-5

Tuesdays 4:30-5:00 PM

\$45 Monthly or \$15 Drop In

Discover your unique style while practicing locomotor skills through hip hop movement. Upbeat dance games and tumble time help establish a sense of rhythm and coordination. This is a non-performing class.



PRE-BALLET

Ages 2.5-4

Thursdays 4:30-5:00 PM

\$45 Monthly or \$15 Drop In

Explore the fundamentals of dance class and ballet movement. Through creative games and sensory activities, pre-ballet students learn coordination, independence, and build upon their gross motor skills. This is a non-performing class.



NEW

TOTS' TECHNIQUE

Ages 4-6

Thursdays 4:30-5:30 PM

\$55 Monthly or \$15 Drop In

Tot's Technique is ideal for dancers who would like to establish their dance skills in a supportive environment without the pressure of performance. This class focuses on musicality, balance, and coordination and offers a drop-in option for performing students looking to refine their technique.

BEGINNING 1

Ages 4-5

Tuesdays 5:00-6:00 PM

OR Thursday 5:00-6:00 PM

\$65 Monthly

Starting at level one, dancers learn the basics of ballet technique, vocabulary, rhythm, and musicality. This is their first chance to perform on stage - choreography is incorporated into each class.

BEGINNING 2

Ages 5-6

Mondays 4:00-5:00 PM

OR Wednesday 4:30-5:30 PM

\$65 Monthly

Building upon level one, dancers gain a deeper knowledge of vocabulary and incorporate the ballet barre. Through games, dancers learn about turnout, ballet conditioning, and flexibility training.



NEW

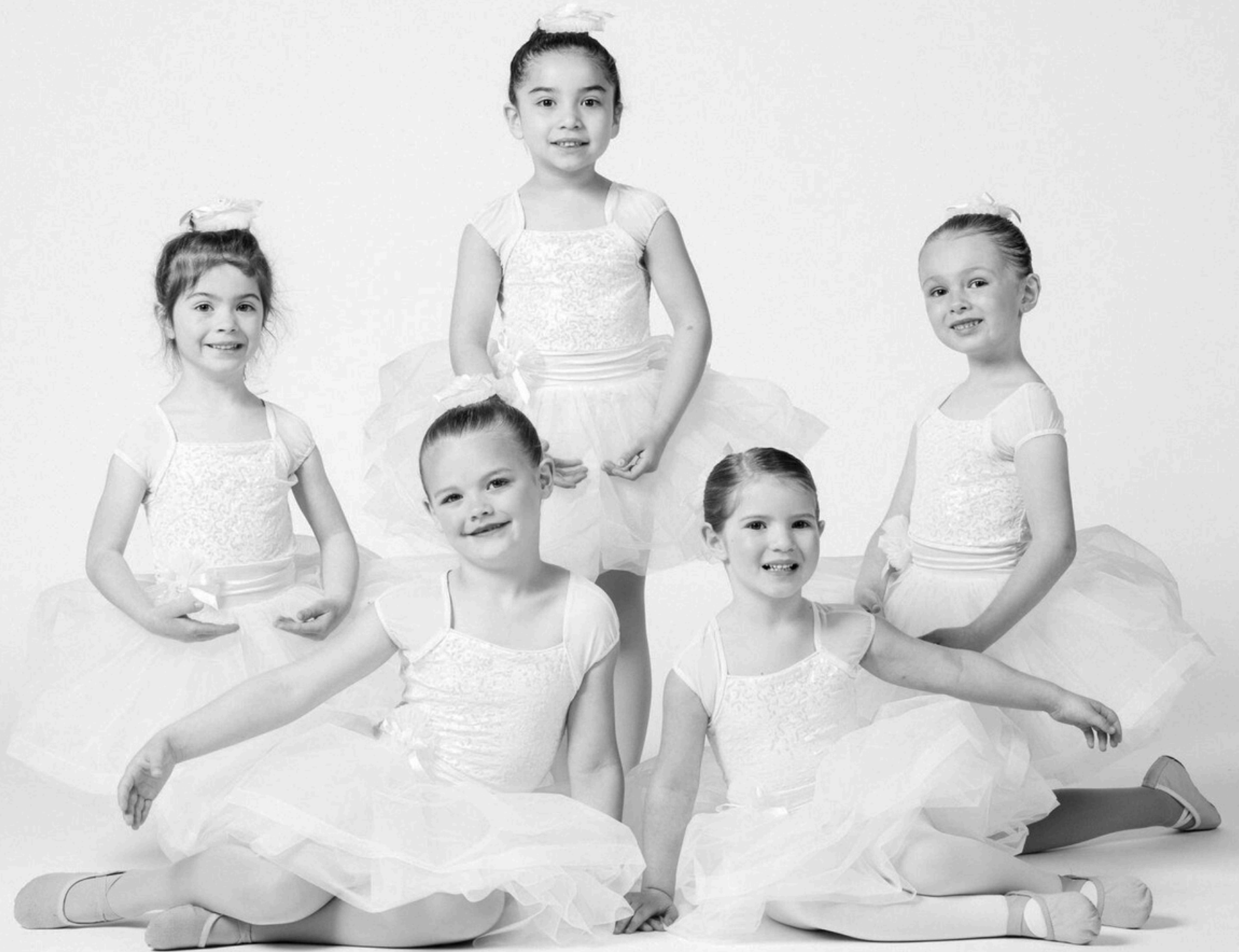
BEGINNING 3

Ages 5-6 OR By Invitation

Tuesdays 5:00-6:00 PM

\$75 Monthly

This class introduces complex choreography and focuses on developing dancers' ability to distinguish left from right. This class challenges dancers to refine their skills while continuing to grow in technique and artistry. Younger dancers who demonstrate readiness may be invited to join this class earlier to further nurture their dance journey.



CONTEMPORARY



THE CONTEMPORARY PROGRAM

Our contemporary dance program encourages dancers to explore expressive movement and fluidity, drawing from ballet, modern, and lyrical influences. Classes focus on choreography and freedom of expression, incorporating floorwork, dance tricks, and tumbling techniques.

Dancers of all levels are welcomed and encouraged to perform, fostering their unique creative style in a supportive and inspiring environment.

CONTEMPORARY 1

Ages 6-8

Wednesdays 6:00-7:00 PM

\$65 Monthly

Explore the space and shapes of contemporary. Students learn the basis of isolations, floor movement, and contemporary technique. This class has an emphasis on flexibility, tumble, and emoting alongside the music.

CONTEMPORARY 2

Ages 7-10

Wednesdays 7:00-8:00 PM

\$65 Monthly

Building off the foundation of Contemporary 1, dancers learn to execute more complex movement in choreographed sequences. This level begins to incorporate continual turns, dance tricks, and high-flying jumps.





CONTEMPORARY 3

Ages 9-12

Fridays 7:00-8:00 PM

\$75 Monthly

Dancers solidify their understanding of turns, leaps, and tumble. Through stand-out emotional performances, this class plays a pivotal role in our production storylines.

CONTEMPORARY 4

Ages 13+. Approval Required.

Tuesdays 8:00-9:00 PM

\$75 Monthly

Accompanying our Advanced Ballet class, Advanced Contemporary dancers stand out on stage in character roles. This class puts a focus on high athleticism and endurance. Dancers of this level are highly encouraged to meet a minimum of four hours per week in their training.

BROADWAY

Ages 8+. This class is perfect for new and experienced dancers alike. Dancers explore storytelling, pantomime, character development, and more through a monthly focus on various classical and contemporary Broadway productions. Every class incorporates jazz technique, free movement, and tap basics.

Fridays 4:30-6:00 PM
\$75 Monthly



HIP HOP



THE HIP HOP PROGRAM

Unleash your unique style and energy in our dynamic hip hop classes! Using isolations, students master the intricate breakdown of movements, learning to execute their choreography with power and flair. Our curriculum spans a spectrum of foundational styles such as breakdance, where athleticism meets creativity in gravity-defying moves, and tutting - where students can hone their ability to express precision, rhythm, and storytelling through gesture. Beginners and experienced dancers alike can cultivate their individuality and command the dance floor with confidence.

HIP HOP 1

Ages 6-8

Thursdays 4:30-5:30 PM

\$65 Monthly

This fun and simple choreography-gearred class is perfect for energetic youth looking to gain confidence. Explore spatial and body awareness in an inclusive and affirming artful space.

HIP HOP 2

Ages 7-10

Thursdays 5:30-6:30 PM

\$65 Monthly

An introduction to more complex choreography, Hip Hop 2 is geared toward older kids and pre-teens. Dancers looking to build their own style gain knowledge of hip hop movement in this genre-bending class. This class is great for older kids in need of an encouraging and inviting environment.





HIP HOP 3

Ages 9-12

Fridays 6:00-7:00 PM

\$75 Monthly

Intricate choreography geared toward teens and young adults looking to hone their skills and learn cool, new moves. Essential for anyone in need of an inclusive and affirming artful space.

HIP HOP 4

Ages 13+. Approval Required.

Thursdays 8:00-9:00 PM

\$75 Monthly

Intricate choreography geared toward teens and young adults looking to hone their skills and learn cool, new moves. Essential for anyone in need of an inclusive and affirming artful space.



FILM

THE FILM EXPERIENCE

Join us each summer for our fun and exciting film experience! Dancers learn choreographed routines that we film throughout our region's beautiful landscapes and landmarks. Tippy Toe partners with professional videographers along with local businesses, parks, and venues to create a innovative feature film.

The summer film project ends with a special event where dancers and audience members walk the red carpet, take photos by the photo wall, and enjoy the debut film screening. It's a unique opportunity to embrace the joy of performance with friends and family and see yourself on the big screen!



DRESS CODE

Specific class attire is required for all classes, individual classes vary. For dress code information and purchasing options, please visit our website: www.tippytoedancestudio.com

COSTUMES

Costume payments are calculated per dancer, per show. Fees start at \$100 per class enrollment with an additional \$40 due for each additional class. Costume payments are due at registration and are required for all performance dancers.